



Support for Children and Families

St Joseph's Catholic Primary School

“Following in the footsteps of Jesus, together we love, live and learn”

At St Joseph's we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case, please come and talk to us. There are many ways our school can help and support you and your family.

We can help to plan specific support for families by following the Early Help Pathway, meaning we can carry out a whole family early help assessment where extra support is identified. We will work with you as a family to work together to set and achieve positive outcomes in a family plan

Providing early help to our pupils and families at St Joseph's means we are more effective in promoting support as soon as we can. Early help in schools means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years and beyond.



The coordinated St Joseph's offer of Early Help is outlined in the table below. We believe that early interventions for children and families, in many cases, will prevent needs from escalating into statutory services.

All St Joseph's staff are aware of the St Joseph's offer of early help. At all times, staff will consider if there is any offer of early help that we can make in order to help a child thrive through using the Early Help Pathway.

Much of our Early help is offered on a daily basis as we have an ethos and culture in the school where the children are encouraged and given plenty of opportunities to talk about how they are and there are many strategies we can put into place to quickly support them. Strategies and resources used include: regular assemblies and lessons on well-being and staying safe, pupil questionnaires and school council meetings.

Attendance

Good attendance is vital to your children's education. The school office, Mrs and Langford and Mrs Lane our Educational Welfare Officer work with families to support them in ensuring good and improved attendance.

We also liaise with other agencies and people within the local community. Below are some Local and National organisations that can support you and your children.



Designated Safeguarding Lead (DSL) and deputy DSL's of St Josephs	If you have any safeguarding concerns regarding a child at our school or in the community, then please contact a member of St Joseph's safeguarding team on 01684 573 016 Designated safeguarding Lead Mrs Langford Deputy designated safeguarding lead Mrs Bowen
School nurse	St Joseph's school nurse service. They can be contacted on 01684 612668 They are available to meet parents and children here at school on a completely confidential basis.
The Front Door to Children's Services (Previously: Children's Helpdesk).	If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999. Do not wait to discuss this with the DSL/DDSL but do report it afterwards.
Malvern Local Services 	Malvern Family Hub – Sunshine Centre Sunshine, Bluebell Close, Malvern WR14 3SW. Tel: 01684 572516 For information on parenting courses and groups, community activities, health visiting clinics and vitamin collections. Holiday support https://www.worcestershire.gov.uk/virtual-family-hub/ready-steady-worcestershire-holiday-activities-and-food-haf-programme Malvern Food bank https://malvernhills.foodbank.org.uk/ Malvern Special Families Malvern Special Families are a specialist provider who offer safe, stimulating, and fun social opportunities for children and young people with disabilities aged 5-18 years. https://www.malvernspecialfamilies.org.uk/ Malvern Cube



	Malvern Cube Projects provides activities for young people aged 10-18. Free sessions which are fun and encourage meeting new friends, boosting confidence, trying something new or just relaxing. https://www.malverncube.com/youth/ Malvern Library Graham Road Malvern WR14 2HU https://www.worcestershire.gov.uk/malvernlibrary
Online Safety	Online Activity (phones, computers) can be a serious risk to children: The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant ??PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. https://paceuk.info/ https://www.thinkuknow.co.uk/parents/ This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety. http://educateagainsthate.com/ This is the government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this. Sexting is the sending or receiving of sexually explicit images, videos or conversations online. https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes/
Early Help	Early Help Family Support Service: The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker.



	Malvern Early Help Family Support District Team Team contact number: 01905 843339 Team email address: FamilySupportWorcester@worcschildrenfirst.org.uk Website addresses for more information https://www.worcestershire.gov.uk/eifs https://www.worcestershire.gov.uk/info/20878/worcestershire-children-first-early-help-family-support-service/2390/early-help-family-support-district-teams Star Star is an organisation that supports young people that have experienced acute childhood experiences, eg some kind of trauma. The coaches are all especially trained to support the children referred and work with the children through a focus around rugby. If you would like to find out more go to : https://www.starscheme.co.uk
Mental Health	We have some useful self-help guides/leaflets available for you to access online. The guides are available for you to read online. The self-help guides can be accessed by typing the below link into your URL and selecting 'Self Help Guides': Staying Safe http://stayingssafe.net/ SANE 0845 767 800 Email: sanemail@org.uk www.sane.org.uk Samaritans 116 123 (24 hour helpline) https://www.samaritans.org/



	Rethink Mental Illness 0300 5000 927 www.rethink.org Mental Health Foundation www.mentalhealth.org.uk MIND 0300 123 3393 or text 86463 www.mind.org.uk Anxiety UK 08444 775 774 www.anxietyuk.org.uk
Starting well 	The Starting Well service has a parenting and community team that can offer on line and telephone support for parents, as well as parenting courses. The parenting team can offer 1-1 parenting advice over the phone as well as virtual parenting groups around issues such as support with children's behaviour, anxiety, eating and sleeping routines etc, and can also signpost to agencies that can support parents in their own community. In addition to this the parenting team can also supports parenting to complete Solihull on line, as well as Birth and Beyond for expectant parents. The school nursing service can remain in contact with primary, middle and high schools via phone and email. They are providing a Chat health texting service for young people and can also provide consultations via WebEx. The School Nurse team can also off a call or WebEx monthly session for all vulnerable families. https://www.startingwellworcs.nhs.uk/
Supporting happy relationships	The following services and links offer information, advice, and intervention on healthy relationships for your family and children: https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/ Challenges at home https://www.worcestershire.gov.uk/virtual-family-hub/harmony-home



Bullying (including cyberbullying)/ Child death/suicide/prevention	Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else. If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them under caution. Cases involving sustained abuse or where someone's life is threatened will be treated seriously. The police will consider all of the circumstances when considering the best response to a report of cyber bullying. They will assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites that often operate abroad and to different legislation. In certain cases it may be difficult to take action if the offender isn't in the UK. They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that include the officer in the case using their discretion and working with the offender to record an apology to the victim. Useful links Bullying UK Childline https://www.kidscape.org.uk/ Our resources provide information on issues surrounding bullying, online and personal safety. They can be used directly by young people and parents, as well as in the classroom within schools and youth organisations. https://www.kidscape.org.uk/resources-and-publications/
Domestic violence	Here is a very helpful website for what do to in many different difficult situations: http://www.worcestershire.gov.uk/info/20379/domestic_violence_and_sexual_abuse West Mercia Women's Aid: 0800 980 3331 0800 783 1359 helpline@westmerciawomensaid.org



Child Sexual Exploitation (CSE)	West Midlands Safeguarding Children Procedures has a page dedicated to Child Sexual Exploitation. It provides information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation. Key facts about CSE • It affects both girls and boys and can happen in all communities. • Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities. • Victims of CSE may also be trafficked (locally, nationally and internationally). • Over 70% of adults involved in prostitution were sexually exploited as children or teenagers. • Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children. Useful Websites • Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe • Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation • Parents Against Child Sexual Exploitation page is the leading national charity working with parents and carers whose children are sexually exploited • NSPCC definitions, statistics, facts and resources about CSE. • NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK.
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	Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England
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